



# Energy Saving Tips for your home

## Turn it off

Most electrical and electronic appliances can safely be turned off at the plug without damaging their systems. Some satellite and digital TV recorders may need to be left plugged in so they can keep track of any programmes you want to record. Please check the instructions on any appliances you're unsure about.

A typical household can save around £30 a year by turning off appliances left in standby mode.

## Careful in the kitchen

- Don't fill up your kettle each time you use it. Only boil the amount of water that you need
- When cooking, cover your saucepan with the lid to keep heat in and use a low heat setting where possible
- Make sure the size of your saucepan matches the size of your hob ring to save energy
- Descale your washing machine occasionally to help it run more efficiently
- Set your washing machine to wash at 30°C as it will use around 40% less energy than at higher temperatures



## Save Water

By cutting back washing machine use by just one cycle per week, you can save around £5 per year on energy. A full load uses less energy than 2 half loads.

The average shower uses 17 litres of water per minute. Spending one minute less in the shower each day will not only save water, but also save up to £7 off your energy bills each year, per person.

## Heating Controls

Room thermostats turn the heat on and off when your home reaches the set temperature that you feel comfortable at. Combine this with a timer control that tells your heating system to come on only when you need it to save money on your energy bills.



## Switch energy supplier

Finding the deal that's best for you and switching energy supplier, can be a great way to reduce your energy bills.

You can use the Citizens Advice price comparison tool to shop around for a cheaper energy supplier:

**Tel:** 03444 111444

**Website:** [energycompare.citizensadvice.org.uk](http://energycompare.citizensadvice.org.uk)



## Get a Smart Meter

Creating a smart grid allows the energy system to better predict what electricity you need and when and where you need it. Smart meters show you exactly how much energy you're using, so you have the information you need to cut back.

For help with switching to a smart meter, contact **Smart Energy GB** on **0300 131 7777**.

## Insulation

Make sure that your loft is insulated, with at least 200mm in depth of insulation. Your loft hatch should also be insulated.

Did you know around a third of the heat lost from your home is lost through the walls? Check if cavity wall insulation or solid wall insulation could be installed in your home.

If you own or privately rent your home, you may qualify for an energy company funded grant to improve the heating and insulation. Please contact Private Sector Housing for further details.

## CONTACT US

### Private Sector Housing

**Tel:** Call 01442 228000 and please ask for "Private Sector Housing"

**Email:** [pshousing@dacorum.gov.uk](mailto:pshousing@dacorum.gov.uk)

**Website:** [www.dacorum.gov.uk/energysavers](http://www.dacorum.gov.uk/energysavers)

### Dacorum Borough Council Housing

**Tel:** Call 01442 228000 and please ask for "Housing"

**Email:** [housing@dacorum.gov.uk](mailto:housing@dacorum.gov.uk)

**Website:** [www.dacorum.gov.uk/housing](http://www.dacorum.gov.uk/housing)

